

## Hej new PhD student,

Welcome to the Faculty of Health and welcome to your PhD journey!

We're the PhD Association at the Faculty of Health, and we're truly glad to have you with us. As a new PhD student, you're automatically part of our community — a network of peers committed to supporting one another through the ups and downs of research life.

There will be moments when your ideas take shape, your skills expand, and your work begins to make a difference. There may also be times when the road ahead feels uncertain, when you question your abilities, or when the solitude of academic work weighs on you. Either way, **you are not in this alone**. We're here to create spaces for connections, support, and shared experiences.

The PhD Association is an independent group run by PhD students, for PhD students, and we collaborate closely with the PhD School leadership. Our aim is to improve the conditions and education of PhD students by participating in the political research debate, representing students on councils and advisory boards, and leading projects that address your needs. At the same time, we create social, academic, and networking opportunities to help you connect with others and build a sense of belonging.

We invite you to join us — whether at a monthly meeting every first Thursday, a casual event like knitting, bouldering, and boardgame every second Wednesday, or the biannual general assemblies in March and September. It's a great way to meet others, share your ideas, and contribute to shaping the PhD environment here at Health. **We hope to see you SOON!** 

Stay connected by visiting <u>phdassociation.dk</u> and following us on <u>Facebook</u>. You're always welcome to reach out — we're here for you.

Best wishes,
The PhD Association, Health
phdforeningen.health@au.dk

